



REGENCY COUNTRY CLUB
Apartments Suites



Massages



HOLISTIC MASSAGE

Relaxes muscular tensión, relieves stress, help mind & body to rebalance.

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

SPORT MASSAGE

Deep massage, relaxes muscle spasms, stimulates circulation, increases lymph flow.

30 min.: 40 € | 45 min.: 50 € | 60 min.: 60 €

CHIROPRACTIC/OSTEOPATHY

Treats cervical / lumbar pain, muscle contractions, cramps....

30 min.: 45 € | 45 min.: 55 € | 60 min.: 70 €

SHIATSU JAPANESE MASSAGE

Stress reduction, eliminate toxins, alleviate pain, balance Ki(chi)

45 min.: 50 € | 60 min.: 60 €

SEA MALAY MASSAGE / QUEEN MASSAGE

Massage for relax, depression & anxiety.

45 min.: 50 € | 60 min.: 60 € | 90 min.: 90 €

BAMBOO MASSAGE

Helps circulation, lymphatic drainage, healing nervous system.

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

FOOT REFLEXOLOGY

Boost energy levels distresses, eliminate toxins, alleviate pain.

(Pressure Point Foot Massage).

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €



REIKI

Rebalancing CHAKRAS treatments to relax, distress & re-energise.

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

CANARY MASSAGE

Massage for relax, repairs and regenerates the skin with Aloe Vera

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

LYMPHATIC DRAINAGE

Helps circulation, detoxification of the body.

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

MASSAGE WITH CACAO OIL

Tonifying and reaffirming the skin

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

MASSAGE WITH COCONUT OIL

Repairs and regenerates the Skin

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

MASSAGE FOR BACK / NECK SHOULDERS

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €

REVITALIZING TIRED LEG & FOOT MASSAGE

30 min.: 35 € | 45 min.: 45 € | 60 min.: 55 €